



"Consider the lilies, how they grow: they neither toil nor spin, yet I tell you, even Solomon in all his glory was not clothed like one of these. But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, how much more will he clothe you, you of little faith!" – Luke 12:27-28

Blessed Easter! I'm writing this on the day after our Easter Sunday celebrations, grateful for all who attended, tuned-in, and contributed to the festivities, and it brings me joy to remember the

Easter season technically lasts 49 days. A week of weeks! Seven Sundays! The celebration isn't over by a long shot, and the Easter feast surpasses the Lenten fast.

One powerful reality afforded to us in the northlands is witnessing the creation's rebirth alongside the gospel story. For instance, yesterday's gentle rain followed by today's sunshine has cause much to pop. I note crab-apple flower buds beginning to burst. An increasing number of species of birds are calling. The mutt and I jogged past a commotion of coots on a local lake – yes, a group of coots is referred to as a "commotion". How fun is that?! – and the smell of the Easter lilies lingers at church.

It reminds me that among the most utilized metaphors and imagery for depicting and teaching how we are to hold God's love, promise, presence, protection, and perseverance is the creation. Jesus, in particular, often has nature on the brain. He talks about flowers, fruit, grain, grasses, vineyards, bushes, trees, weeds, seeds, birds, sheep, goats, foxes, wolves, chickens, etc., and he always seems to know where the best fishing holes are!

I'm trying to lean into those images more intensely lately. Especially in the volatile and uncertain times we live in currently. At a pastoral conference in February, Rev. Dr. Benjamin Stewart, pointed out how our yearly worship seasons closely mimic the cycles and seasons of our earth, moon, and stars. He highlighted how we are creatures, and thus how naturally our bodies and souls connect with the earth. One might say that the creation serves as a common language for all of humanity.

In a time of much uncertainty and worry, the creation might be one of our greatest groundings. Jesus seems to think so. "Consider the lilies," he says. "Notice the birds," he instructs. They're a part of God's work and care! As are you! As are we!

All month we will continue to "consider the lilies" still present in the church with Easter Worship. We'll also host a spring-cleaning workday for all who are able and willing to help with some chores around the building on Saturday morning, May 17. Look for signups in the church office

Beyond that, continue to take courage from the flowers and fields for faithful heart and action to love your neighbors as yourself.

Pastor Charlie Ruud



8W 60th Street Minneapolis, MN 55419

CHURCH OFFICE: (612) 861-2265

WEBSITE: www.richfield-lutheran.org

VIDEO WORSHIP on YOUTUBE: Richfield Lutheran Church

ONLINE SERMONS:
Go to Resources on our website

RLC FACEBOOK:
Richfield Lutheran Church

CELC FACEBOOK:
Creative Early Learning Center
@RLC





Upcoming Services and Events:

- Saturday, May 3 Synod Assembly
- Sunday, May 4: 9:30 Worship w/communion
- May 5 May 9 Teacher
 Appreciation Week CELC
- Sunday, May 11: 9:30 Worship
- Sunday, May 11: Mother's Day
- Saturday, May 17: 9:00
 Spring Cleanup
- Sunday, May 18: 9:30 Worship w/communion
- Sunday, May 25: 9:30 Worship
- Monday, May 26: Memorial Day Holiday - RLC/CELC Offices Closed



A memorial service will be held at Richfield Lutheran Church for Marilyn Long on Saturday, May 31st. Marilyn passed away on January 4^{th.}

Visitation is scheduled for 10:00 with a memorial service at 11:00. Lunch to follow.



Richfield Lutheran Newsletter May 2025



Bible Study Online with Pastor Charlie

Study Wednesdays @ 1:00 p.m. using Zoom Video Meeting.

Zoom link to Bible Study can be accessed on the RLC website under "Get Involved".



By Robbi Moore Parish Nurse



Nursing Notes

Hearing loss is one of the most common health complaints people and the one people most often take for granted.

Mayo clinic has identified just 4 causes of hearing loss:

- 1) Damage to the inner ear. This most often is due to aging of the internal structures of the ear. Loud noise for continuous time or aging causes the hair like structures in the lining of ear or nerve cells of the cochlea (horn of ear) to have interruptions of sound signals to the brain.
- 2) ear wax build up this can be controlled by regular cleaning by Healthcare worker. Home care can cause scarring to the ear canal as well as possible puncture to the ear drum by digging at the ear. If tissues are damaged, hearing can be permanently affected
 - 3) ear infection or unusual bone growth or tumor
 - 4) Ruptured ear drum

Sound waves pass through the outer ear and cause the ear drum to vibrate. A foreign body or build up of wax can impede the vibrations causing a dulling of sound. It is important to see your health provider when you notice this diminished sound or pain or discharge before possible rupture of the ear drum and possible infection.

Don't put anything in ear to attempt to clear the ear like a Q-tip, hair pin or other implements - especially sharp ones. Even soft cotton balls can get wedged in ear canal and leave stuck remnants of cotton which can cause infection. Diving while swimming, loud blasts from fireworks, and firearms can cause significant damage to ear and affect hearing in many cases for life.

The inner ear may receive damage from the wear and tear to ear structures, related exposure to loud noise from environmental sources, older homes and building heating and air systems and loud public address systems like at airports etc.

Noise awareness is a misunderstood health concern and not regularly taught but doctors feel this is best taught from early childhood and reinforced throughout life. Wearing sound muffling earphones (especially for children) when exposed to fireworks, parades, auto races, and work is important. OSHA mandates ear protection be available to employees in high megawatts areas but sadly many chose to forgo saying they restrict head movement and are bulky. Don't forget loud sounds at home and outside entertainment...it isn't just rock and roll, even orchestra concerts measure elevated mega hertz readings.

Best practice...take care of your ears. Have ear protection which is available for as little as \$10.00. Take time to be hearing aware as you come and go and don't assume hearing loss is just getting old.

In His Service Your Parish Nurse Robbi



May Birthdays

5/05 Kenneth Huntington

5/05 Ida Mae Cornelius

5/12 Denise Hagen

5/13 Rodger Thuras

5/15 Robert Yahr

5/16 Lisa Borneman

5/17 Paul Wittig

5/18 Fred Lumbar

5/20 Douglas Bergeson

5/28 Marilyn Yahr

Happy Mother's Day Sunday, May 11th





Richfield Lutheran Newsletter May 2025

Easter Music



Thank you to all the talented musicians who shared their time and talents at RLC during the Easter Season. We thank Paul Comnick, Chancel Choir, Praise Jam, Leo Schroeder and the Crosstown Community Band.

Their music provided much richness to all of the services!





Spring Clean Up Day will be held on Saturday, May 17th at 9:00 a.m. for RLC/CELC. A sign-up form is available in the RLC Office.



Mark

Your

Calendars!!

Coming Summer 2025

Into the Woods!

August 15 at 7:30 pm, August 16 at 7:30 pm, and August 17 at 4 pm.

We are having auditions May 19, 21, and 28. Email Lisa at hoipolloiplayers@gmail.com if you are interested in auditioning



WELCA will be hosting a dinner/event on Thursday, June 12th at 6:30 pm. Further details to follow.

The next meeting of WELCA will be Tuesday, June 17th at 1:00 in the Mary Martha Room.



About our Newsletter We try to make the RLC Newsletter available and easily accessible to all our members and friends. Here is a reminder of the way we distribute the newsletter:

- Physical copies are mailed to members with no e-mail addresses. (or if they simply wish to receive a hard copy in the mail).
- Members with e-mails are sent a pdf of the newsletter
- Printed copies are available in the office.
- Available on our website. Contact the RLC Office if you have any questions.



ONLINE SERVICES ARE BACK!!! Services, recorded by our new camera setup, are posted on our website and YouTube Channel every Friday at 6:00am.



Richfield Lutheran Newsletter May 2025

Daily Bible Reading

Daily Bible Readings for May:

Thursday, May 1

Isaiah 30:18-21

Friday, May 2

Isaiah 6:1-4

Saturday, May 3

Genesis 18:1-8

Sunday, May 4

John 21:1-19

Monday, May 5

Psalm 121

Tuesday, May 6

Ezekiel 1:26-2:1

Wednesday, May 7

Luke 5:1-11

Thursday, May 8

Psalm 23

Friday, May 9

Ezekiel 20:39-44

Saturday, May 10

Ezekiel 28:25-26

Sunday, May 11

John 10:22-30

Monday, May 12

Psalm 100

Tuesday, May 13

Acts 9:32-35

Wednesday, May 14

Luke 6:12-16

Thursday, May 15

Psalm 148

Friday, May 16

Daniel 7:13-14

Saturday, May 17

Revelation 11:16-19

Sunday, May 18

John 13:31-35

Monday, May 19

Psalm 133

Tuesday, May 20

Acts 11:27-30

Wednesday, May 21

Leviticus 19:9-18

Thursday, May 22

Psalm 67

Friday, May 23

Proverbs 2:6-8

Saturday, May 24

Proverbs 2:9-15

Sunday, May 25

John 14:23-29

Monday, May 26

Psalm 93

Tuesday, May 27

Revelation 21:15-22

Wednesday, May 28

2 Chronicles 34:20-33

Thursday, May 29

Acts 1:1-11

Friday, May 30

Psalm 97

Saturday, May 31

Luke 1:39-57

Monday, May 26th







Poppies are associated with those who died during wartime since World War I. In the US people wear the red poppy on Memorial Day to honor those who died trying to protect the country, according to The Department of Veterans Affairs. The red color is not a symbol of blood, death, or support for war. Instead, poppies were the only flowers that grew in war-torn battlefields. When the countrysides were nothing but mud and devastation, poppy flowers sprouted up and flourished.