

# Richfield Lutheran Newsletter

## APRIL 2025



4/13 Palm Sunday	9:30am
4/17 Maundy Thursday	4:00pm
4/18 Good Friday	4:00 pm
4/20 Easter Sunday	9:30 am

For the message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God... For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength." – 1 Corinthians 1:18, 25

Recently I investigated the origins of what has come to be known as April Fools' Day. Perhaps fittingly the possible explanations are murky at best. There's no definitive time or event from which the tradition came to be, yet it has made its way into much of common consciousness and awareness. (I confess to engaging in some pranks around the house as a kid. One of my favorites, placing a rubber band around the button of the kitchen sink sprayer. Whoever turned on the faucet was surprised to have streams of water hitting them in the chest! Lord, have mercy on me, a sinner!)

Most April Fools' jokes contain an element of misdirection tempting one to believe something, only to have the rug pulled out. In the above verses, I find the Apostle Paul describes much the same as it pertains to the message of the cross.

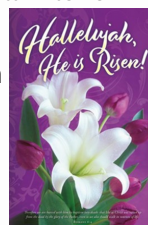
That is, in our common experience of the world, we are made to believe and trust bigger, better, faster, stronger. Might makes right. Whoever has the most wins. But Paul describes the "foolishness" of God which pulls the rug out from the misleading and ultimately false worldly tenets.

"We proclaim Christ crucified." Paul writes. This is not a bigger, better, faster, stronger God. In fact, it's precisely the opposite. It is God in weakness. It is God giving up everything rather than amassing power. An empty God. A dead God. A foolish God. Yet for Paul, and those who have come to see it as the place of God's ultimate love, understand and proclaim it as the event and truth upon which all hope rests, and from which we are called to follow.

Join in this month at Richfield Lutheran Church as we finish the walk toward the cross with Jesus, witness the self-emptying love, suffering, death, and hear the promise that God's foolishness outshines all our strength in order to gather us all in love.

See times for Palm Sunday, Maundy Thursday, Good Friday, and Easter Sunday service in this issue. Also look forward to Sunday, April 27 when we will adjust Sunday worship to 11:00 am to join our friends of Mundo De Paz for a special combined worship and potluck lunch!

Pastor Charlie Ruud



8W 60th Street  
Minneapolis, MN 55419

CHURCH OFFICE:  
(612) 861-2265

WEBSITE:  
[www.richfield-lutheran.org](http://www.richfield-lutheran.org)

VIDEO WORSHIP on YOUTUBE:  
[Richfield Lutheran Church](#)

ONLINE SERMONS:  
Go to [Resources](#) on our website

RLC FACEBOOK:  
[Richfield Lutheran Church](#)

CELC FACEBOOK:  
[Creative Early Learning Center @RLC](#)





## Upcoming Services and Events:

- **Wednesday, April 2: 1:00 Late Lunch Lent Service**
- **Sunday, April 6: 9:30 Worship w/communion**
- **Wednesday, April 9: 1:00 Late Lunch Lent Service**
- **Sunday, April 13: 9:30 Palm Sunday Worship**
- **Thursday, April 17: 4:00 Maundy Thursday Worship**
- **Friday, April 18: 4:00 Good Friday Worship**
- **Sunday, April 20: 9:30 am Easter Sunday Worship w/communion**
- **Monday, April 21: RLC Office Closed**
- **Tuesday, April 22: Worship at the Pines**
- **Thursday, April 24: 7:00 Thursday Musical Concert**
- **Sunday, April 27: 11:00 Combined Worship with Mundo De Paz followed by a Potluck dinner.**



There's still time to order an Easter Lily! Please have your orders in by April 14th. Cost is \$10.00. Include your payment with your order. Let's make our Sanctuary festive on Easter morning!!!

Lilies can be picked up on Easter after worship. If you would like to take a lily to a special friend/shut in, please sign the list available in the RLC Office hallway.



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**Bible Study Online with  
Pastor Charlie continues during the Season of  
Lent on Thursdays @ 1 pm (April 3 and 10) and  
will return to Wednesdays beginning Wednesday  
of Holy Week, April 16th.**

**Link: <https://us02web.zoom.us/j/89753063690>**



**By Robbi Moore  
Parish Nurse**



## Nursing Notes

Let's talk about shingles. Yes, our doctors tell us it is a good idea to get vaccinated and seniors are at particular risk but just exactly what is shingles?

Shingles or herpes zoster by its technical name is a virus caused by the dormant chicken pox virus (herpes zoster). For those of us born before the 70's we caught chicken pox from siblings or neighbor kids and one occurrence was usually it. After the 60s, vaccines for chicken pox became routinely given and chicken pox cases dropped drastically. The vaccine is the same herpes zoster that a case of chicken pox has so the risk of having a shingles outbreak is virtually the same. The side bar is that science now tells us that the chicken pox virus can live in our nervous system our whole lives and stimulate a shingles outbreak. Unlike chicken pox, shingles can occur more than once. Breakouts are most often related to times of increased stress: stressors include illness, mental distress, medicines like chemo therapy, etc. Seniors seem to have more occurrences of shingles.

The shingles outbreaks are usually clusters that run along the nerve pathways in your body. The outbreak usually is just on one side of the body and often is around the belt line or across the nerve path of the upper back or under the breasts in females. Treatment is fairly easy with oral antiviral medications 2 to 3 times a day for 5 to 7 days.

One important thing to keep in mind if you do get shingles is that people cannot catch shingles from you if they have had chicken pox or the chicken pox vaccine. BUT there has not been a documented case of chicken pox or the vaccine you can catch chicken pox from a person with shingles. The weeping from the pustules should be avoided if that fits someone you live with etc. It is always a good practice out in public to cover the pustule rash with medical bandage and again if vaccine or illness is unknown especially with small children it is best to avoid contact until the pustules are healed and dry.

NOTE: Herpes Zoster is not the same as Herpes simplex1 or herpes simplex 2 and do not have the chicken pox connection of Herpes Zoster.

In His Service

Robbi, your Parish Nurse



The next meeting of WELCA will be held on Tuesday, April 15th at 1:00 in the Mary Martha Room.

Thank you Soup Supper Volunteers for your dedication to  
Wednesday Late Lunches during Lent!







April Birthdays

- 4/4 Kathy Lindquist
- 4/6 Daniel Sherry
- 4/8 Dorothy Ruud
- 4/15 Linda Seel
- 4/16 Kenneth Lundgren
- 4/20 Paul Comnick
- 4/28 Joy Graves
- 4/29 Gary Mrachek



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Hi friends of RLC. I crochet for WELCA and the mitten tree each year and the numbers of us still doing crochet has dwindled. I am asking if any of you have yarn you would donate or help me pay for yarn. I would sure appreciate it.

Robbi Moore



Save the date  
Thursday Musical Artist Series

Piano Extravaganza



Featuring Thursday Musical Members Amy Grinsteiner, piano; Sara Langmead, piano; Oleg Levin, piano; and Jim Reilly, piano

April 24, 2024

Richfield Lutheran Church

7 PM

8 W 60th St.



ThursdayMusical.org  
612.333.0313

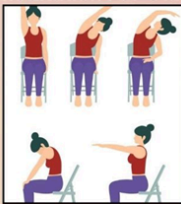
Suggested donation \$15

Check out new the new  
Trust Events



TRUSTINC.ORG

**TRUST Incorporated**  
Invites You To Join Us At:  
Chair Yoga &  
Mindful Meditation For Older Adults



**TUESDAYS: April 08 & 22, May 06 & 20, June 03 & 17**  
Location: Diamond Lake Lutheran Church  
5760 Portland Avenue S Time: 10:00 - 11:00 a.m.  
Birch Room - Lower Level - ADA Accessible  
\*\*\*\*\*  
Shannon Burke, Certified Yoga Instructor  
COST: \$5/Person Per Session  
RSVP REQUIRED at 612-827-6159  
Limited Space - Reserve you spot today!  
CALL: 612-827-6159  
A TRUST Incorporated Health & Wellness Community Initiative  
9 Rustic Lodge  
Minneapolis MN 55419

*Fifteen two, Fifteen four, and  
there ain't no more!*  
Join the fun of  
**CRIBBAGE CLUB**



April 10 & 24, May 8 & 22, June 5 & 19  
Judson Baptist Church  
4101 Harriet Avenue S 1:00 - 3:00 p.m.  
Refreshments Served - Bring Boards & Cards!  
Don't know how to play? We can teach you!  
RSVP at 612-827-6159 so we can plan table space

A community partnership of  
Trust Incorporated & Kingfield Neighborhood Association



# Newsletter

## About our Newsletter

We try to make the RLC Newsletter available and easily accessible to all our members and friends. Here is a reminder of the way we distribute the newsletter:

- Physical copies are mailed to members with no e-mail addresses. (or if they simply wish to receive a hard copy in the mail).
  - Members with e-mails are sent a pdf of the newsletter
  - Printed copies are available in the office.
  - Available on our website.
- Contact the RLC Office if you have any questions.



## ONLINE SERVICES ARE BACK!!!

Services, recorded by our new camera setup, are posted on our website and YouTube Channel every Friday at 6:00am.



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# Daily Bible Reading

## Daily Bible Readings for April:

Tuesday, April 1

[Revelation 19:9-10](#)

Wednesday, April 2

[Luke 9:10-17](#)

Thursday, April 3

[Psalm 126](#)

Friday, April 4

[Isaiah 43:8-15](#)

Saturday, April 5

[Exodus 12:21-27](#)

Sunday, April 6

[John 12:1-8](#)

Monday, April 7

[Psalm 20](#)

Tuesday, April 8

[1 John 2:18-28](#)

Wednesday, April 9

[Luke 18:31-34](#)

Thursday, April 10

[Psalm 31:9-16](#)

Friday, April 11

[Isaiah 54:9-10](#)

Saturday, April 12

[Leviticus 23:1-8](#)

Sunday, April 13

[Luke 22:14-23:56](#)

Monday, April 14

[Psalm 36:5-11](#)

Tuesday, April 15

[Isaiah 49:1-7](#)

Wednesday, April 16

[Hebrews 12:1-3](#)

Thursday, April 17

[Exodus 12:1-4\[5-10\] 11-14](#)

Friday, April 18

[John 18:1-19:42](#)

Saturday, April 19

[Romans 6:3-11](#)

Sunday, April 20

[Luke 24:1-12](#)

Monday, April 21

[Psalm 118:1-2, 14-24](#)

Tuesday, April 22

[Revelation 12:1-12](#)

Wednesday, April 23

[2 Samuel 6:1-15](#)

Thursday, April 24

[Psalm 150](#)

Friday, April 25

[Mark 1:1-11](#)

Saturday, April 26

[1 Samuel 17:32-51](#)

Sunday, April 27

[John 20:19-31](#)

Monday, April 28

[Psalm 122](#)

Tuesday, April 29

[Esther 8:1-17](#)

Wednesday, April 30

[Luke 12:4-12](#)





# Special Features

We invite you to submit any pictures, fun news, etc. to the RLC Office to include in our next newsletter.



*Midweek Late Lunch Lent Service*



**Dance enrichment classed are offered bi-weekly to CELC children!**



*Dance class with Tessa*



photo credits - Matthew Tiede